

These things do happen

outside us and inside

One thing after another after another, veering from what is expected. No control. Off balance, Messy Downward spiral, Volcanoes covering a village with lava, too much snow, too much rain, too much wind, too much pressure, empty shelves, Garbage Island, Apathy, too much red tape, Low voter turn out, protest, never being able to get ahead, treatment of Aboriginal peoples, tornados, homelessness, wet blankets, green socks,

divorce, substance abuse, miscarriage, illness, no job, debt, break-ups, computer crashing, break in structure, gaps, battery dead, off path, away from goals, groups with common interests, government bodies, social norms, expectations, lost. The media, no bail, tv, wine, shopping, called my mom, cry ... a lot, earthquake, landslide, floods, volcano, tsunami, avalanche, suicide, ticking time bomb, car accident, recession, the great depression, drought, war, famine, no support for “minorities” (cultural, sexual preference, etc.), loss of dreams and goals, broken refrigerator, death of parent, dog run over, feeling lost, being lost, relationships, loss of job, can't pay the bills, allergic to

cats, global warming, bugs, ignorance, denial, panic, anger, confusion, too much paperwork, people running around, yelling, midnight confessions, Tornadoes, rubble, buildings reduced to piles of materials, starting over, Tsunami, hurricane, floods. Oil Spills, Big Business, Complacency, wild fires, poaching, global warming, deforestation, indiscretions, failed plans, lies exposed, accusations, presumptions, depression, repression, no money, crops collapse, business failures, factories close, loss of jobs, terror attacks, red lights, zoning laws, economic collapse, business collapse, shootings. Plans collapse, the roof falls in, bridge bursts, cities break down, plans fall

through, electricity out, buried alive,
surviving, loss of light, wisdom
loss of local legends.

In regards to that last thought: In my home town there is one diner that is a local favorite. It has been around forever, is teeny-tiny, and people will wait in line for an hour on Sundays to get a table for breakfast. The Ritz Diner has been manned by the same waitresses since I can remember and has always been owned by the same family. Earlier this week Jocko- the owner passed away after a long battle with cancer. There was an outpouring of love, support and feelings of loss expressed through social

media by those who knew him and love the diner. It are these events that don't affect many people but for small communities are very sad. I'm sure his funeral will be packed with not only people that knew him but just by people who love the diner and want to offer their condolences to his family and thank them for what they do.

Loved ones fighting a battle you can't help with, out of tune violin, loss of position, losing sister, hating brother, a bad book, cancer, inability to provide, lightning strikes, no one to mind the baby, brain tumour, whatever happens to the neighbour, shifting plates, leveling countries, death of species, depletion

of air, soda pop, increased pollution, government abuse, propaganda, stubbed toe, bankruptcy, walkerton water, closures, greed, quarantines, closures of facilities, roads, accidents, epidemic, fall down the stairs, genetic illness, loss of employment, loss of home, schizophrenia, devastating fire, flood, no peanut butter, tornado, corruption, municipal workers strike for a whole summer, victimization, abuse, unconnected Mind and Body, hurricane, volcanic eruption, tsunami, no more water, no home, everyone is attacking everyone, killing, dying, fire, chaos, historical landmarks being torn down, divorce, death, suicide, trying to deep fry a turkey, settling, doing something you hate, negativity, suffocating culture, society, us, the people, the government, the news, big brother, bedbugs.

Then one day, a while after, it would just all come out like an explosion, there would be tears, some yelling, throwing things at walls, on the ground, through the walls, hitting things...deep pain, chaos enters, the bottom falls out, all points of reference becoming unrecognizable, a tornado, flood, tsunami, fire, slides, quakes, ice storms, hurricanes, epidemics, gas explosions, slow leaking tailings ponds, toxins

entering our bloodstream and dna), military coup, an uprising, oppressive regimes, dictatorship, riots, war, all violence, currency becoming devalued or falsely valued, corruption revealed, decimation of aboriginal rights (also insidious: a long, slow disaster), genocide, civil war, pollution, poor planning, natural disasters, accidents, buildings collapsing, sink holes, train wrecks, enforced separation of family, death, critical illness, mental health issues, unemployment, debt, school shooting, fire, dissent that ignites and implodes our relationships, fragmenting and poisoning our community, addiction, violence, rape, mental illness, losing your home, losing your shit/breakdown, being attacked physically or psychologically by strangers or someone you love, betrayal by loved one, plane crash, boat sinking, committing a violent crime, being falsely accused, abduction, torture, falling in a hole.

KRIMA! reflections

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